
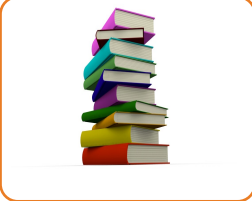

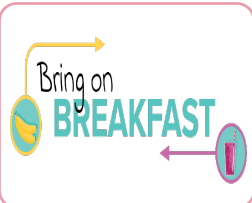



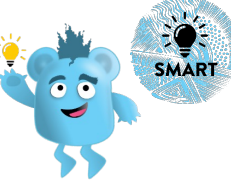



What's on the Menu?

October 2022 Orange Elementary Breakfast







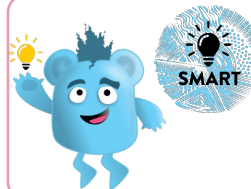

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 Lucky Charms Breakfast Kit With 100% juice and crackers	4 Mini Waffles with syrup 100% Orange Juice	5 Lemon Chip Crunch Bar Fresh Plum	6 Breakfast Pizza 100% Apple Juice	7 Raspberry Crunch Bar Fresh Peach	Peanut Free Schools • Cleveland • Forest • Oakwood • Park Ave
	10 SCHOOL CLOSED PROFESSIONAL DEVELOPMENT	11 Mini French Toast 100% Orange Juice	12 Blueberry Muffin Fresh Pear	13 Mini Waffles 100% Apple Juice	14 Apple Cinnamon Muffin Apple Slices	 HAVE AN EGG-CELLENT DAY!
	17 Coco Puff Breakfast Kit 100% Juice And Crackers	18 Mini Blueberry Pancakes 100% Apple Juice	19 Whole Grain Bagel with Cream Cheese Fresh Banana	20 Breakfast Pizza 100% Orange Juice	21 Golden Graham Bar Graham Cracker Fresh Pear	 WE THINK YOU'RE AWESOME TO THE CORE
	24 Lucky Charms Breakfast Kit with 100% Juice and Crackers	25 Mini Maple Pancake 100% Apple juice	26 Apple Cinnamon NutriGrain Bar Graham Cracker Fresh Plum	27 Mini French Toast 100% Orange Juice	28 Triple Berry Crunch Bar Raisins	 POWERUP! Power Your Performance
	31 Trix Breakfast Kit with 100% juice and crackers					

All meals served with Low Fat milk

This institution is an equal opportunity provider.
Due to Supplier shortages Menu Subject To
Change Without Notice

What's on the Menu?

October 2022 Orange Elementary Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1 <ul style="list-style-type: none"> Peanut Butter & Jelly Turkey Ham & Cheese Fruit Parfait Blueberry Muffin Fun Lunch 	3 Corn Dog French Fries Fruit Cocktail Or Cheeseburger	Beef Fajita Brown Rice Red Kidney Beans Fresh Banana Or Cheeseburger	Mac & Cheese Carrot Coins Dinner Roll Chilled Pears Or Cheeseburger	BBQ Chicken Sandwich Seasoned Spinach Applesauce Or Cheeseburger	French Bread Pizza Tossed Salad 100% Fruit Juice	Peanut Free Schools <ul style="list-style-type: none"> Cleveland Forest Oakwood Park Ave
Week 2 <ul style="list-style-type: none"> Peanut Butter & Jelly Turkey & Cheese Fruit Parfait Apple Cinnamon Muffin Fun Lunch 	10 SCHOOL CLOSED PROFESSIONAL DEVELOPMENT	11 Chicken and Cheese Quesadilla Or Pizza	12 Chicken Nuggets Dinner Roll Tater Tots Fresh Apple Or Pizza	13 Beef Hot Dog Vegetarian Beans Fresh Orange Or Pizza	14 Stuffed Crust Pizza Steamed Broccoli Fresh Banana	
Week 3 <ul style="list-style-type: none"> Peanut Butter & Jelly American Hoagie Fruit Parfait Chocolate Chip Muffin Fun Lunch 	17 Crispy Fish Sticks Steamed Carrots Whole Grain Roll Apple Slices Or Beef Hot Dog	18 Beef Nachos Brown Rice Kidney Beans Banana Or Beef Hot Dog	19 Popcorn Chicken Green beans Dinner roll Chilled Peaches Or Beef Hot Dog	20 Pasta with Meat sauce Romaine Salad Pineapple tidbits Or Beef Hot Dog	21 Personal Pizza Baby Carrots Mixed Fruit Cocktail	
Week 4 <ul style="list-style-type: none"> Peanut Butter & Jelly Tuna Salad Hoagie Fruit Parfait Banana Muffin Fun Lunch 	24 Mozzarella Sticks Marinara Sauce Dinner Roll Pineapple Tidbits Or Chicken Nuggets	25 Fajita Chicken Brown Rice Seasoned beans Chilled peaches Or Chicken Nuggets	26 Cheese Steak Sandwich Tator tots Chilled Pears Or Chicken Nuggets	27 Cheese Stuffed Shells Romaine Salad Mixed Fruit Cocktail Or Chicken Nuggets	28 Cheese Pizza Fresh Celery Sticks 100% Grape Juice	
Hot Alternates Available Daily	31 Rotini Pasta w/ Italian Meat sauce Green beans Dinner Roll Apple Slices Or Cheeseburger					

All meals served with grain, choice of Vegetable, Fruit and choice of Low Fat milk

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